

Parents

Triumph of the Human Spirit

Children need heroes. They need role models and strong leaders to encourage them to make their own dreams real. What better example of what's possible when we dare to overcome than our Paralympic athletes. What better source of inspiration and education.

But just the same, up to the task too are their peers... kids just like them who have succeeded in adapting sports and recreation activities to work for them. In **Glowing Hearts I & II**, active kids will share their techniques and their spirit for healthy living too.

Glowing Hearts is about that human spirit. It's about inclusion and diversity. It's about character – respect, determination, teamwork and courage. It's about the contribution that physical activity through ParaSport offers to the health and wellness of Canada's youth with physical disabilities.

“As parents of a child with special needs we are constantly trying to encourage our child to focus on her potentials. Glowing Hearts – From Play to Podium highlights many children who demonstrate perseverance which enables them to have many great successes. Learning about other children and adults with special needs who have been able to accomplish amazing things encourages all people, able bodied and disabled to go after their own dreams. This book is full of wonderful examples of how the human heart can surpass obstacles.”

– Lisa and Rene' Jansen in de Wal

